

Life Group Discussion Material – Sunday, February 6th Message

Break the Cycle (Judges 3:7-31)

Judges – The Cycle of Sin

1. Can you recite from memory the four-stage cycle of sin? Read through Judges 3:7-30 which covers both the Othniel and the Ehud accounts if you need a reminder.
2. How does this cycle relate to us today based on the handout that was given?
3. What did the Israelite people lack that kept the cycle of sin spinning? Look back at Judges 2:19
4. Does a believer typically find themselves in a cycle of sin overnight, or does it tend to be a slower process?
5. Take time as a group to read through the sermon handout *How to get Desensitized to sin*. Look up the various passages and discuss them. The goal of this is to be mindful of how to avoid becoming desensitized to sin.
6. If you need to repent of any sin, now is the time.